



Monthly



Hallelujah, hallelujah, hallelujah Papoli; His Grace The Archbishop of the Province of the Church of Uganda the Rt Rev Stanely Ntagali, Bishop of Bukedi Diocese the Most Rev George Bogere Egesa , Clergy, Mr. Emmanuel Ofumbi-PACODEF ED and the host family members Mrs. Tabitha and Martha.



A. Mr. Emmanuel Ofumbi-PACODEF ED welcoming His Grace to Papoli. **B.** Papoli faith-fuls receiving the guest along the high way **C.** Mothers Union choir welcoming the guests, **D.** His Grace and the Bishop of Bukedi Diocese, **E.** Part of the congregation at Papoli gardens who turned up to welcome His Grace.

“Thank you for welcoming us and opening your home to us for the third time” were among the remarks made by His Grace the Archbishop of the Church of Uganda on his arrival in Papoli village on his farewell trip to Bukedi Diocese. He was welcomed by a large crowd of believers at the border between Tororo and Busia districts who escorted him in a long convoy to Papoli village , particularly Papoli guest house where he was welcomed by Mr. Emmanuel Ofumbi-PACODEF Executive Director. He checked in and came out to meet the now large crowd of his followers who were patiently waiting for him to greet them at Papoli gardens. He was introduced to dignitaries present and was officially welcomed by the host who considered himself so blessed to host his Grace and requested him to visit even after his term of service.

The Archbishop thanked all those who had come to welcome him from all over the diocese, appreciated the host for opening his home to him for the third time during his service and promised to come back during his retirement to relax.

We further applaud all those who came and supported us in hosting God’s servants for the 3 days they were with us, may the good Lord richly reward you.

VAWA - Law



Shots;
 1. Kristin taking PACODEF staff through the VAWA law.
 2. Jesse and Kristin inspecting homes of the immersion hosts.
 3. “The bulls” in a group photo moment.



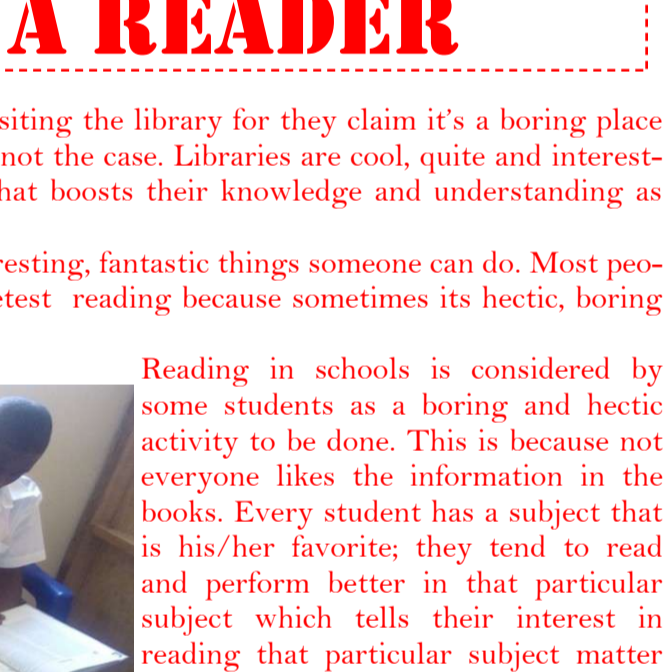
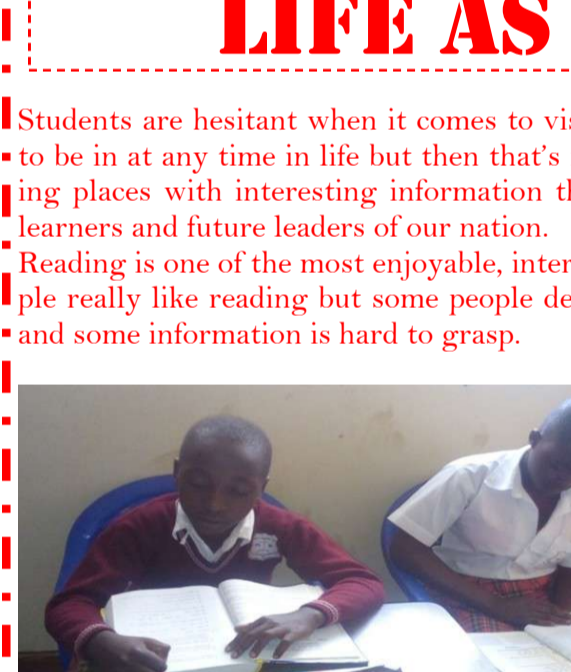
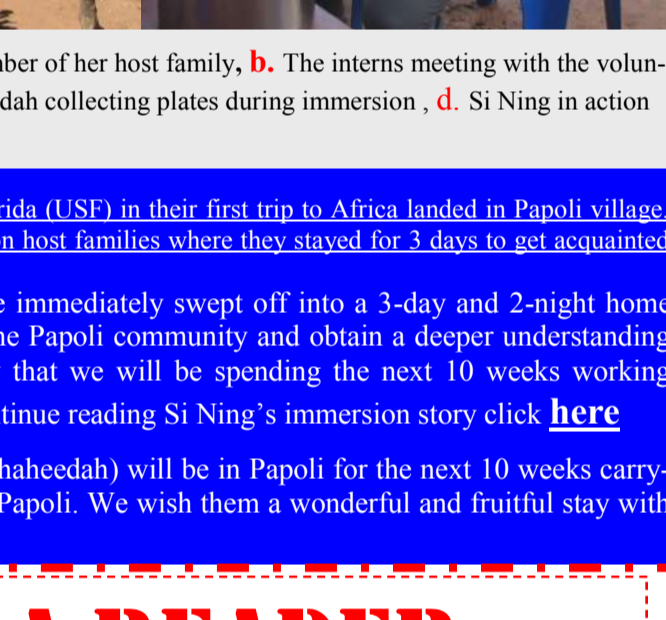
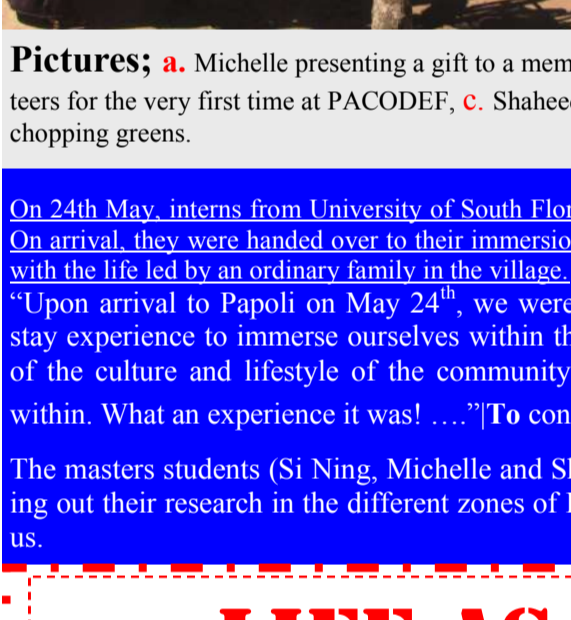
Prior to the arrival of the University of South Florida (USF) students, a team of staff from the same institution flew to Papoli village to equip PACODEF staff with knowledge on ...



violence against women Act law. The training covered the social and cultural norms of students from the United States and their expectations of us. We were also able to share the different forms of violent acts against women, tools and how to address them in case of any occurrence. The duo also visited and inspected a number of homes of immersion hosts who greatly impressed them by their readiness to host the students.



Papoli, here we come.



Pictures; a. Michelle presenting a gift to a member of her host family, b. The interns meeting with the volunteers for the very first time at PACODEF, c. Shaheedah collecting plates during immersion , d. Si Ning in action chopping greens.

On 24th May, interns from University of South Florida (USF) in their first trip to Africa landed in Papoli village. On arrival, they were handed over to their immersion host families where they stayed for 3 days to get acquainted with the life led by an ordinary family in the village.

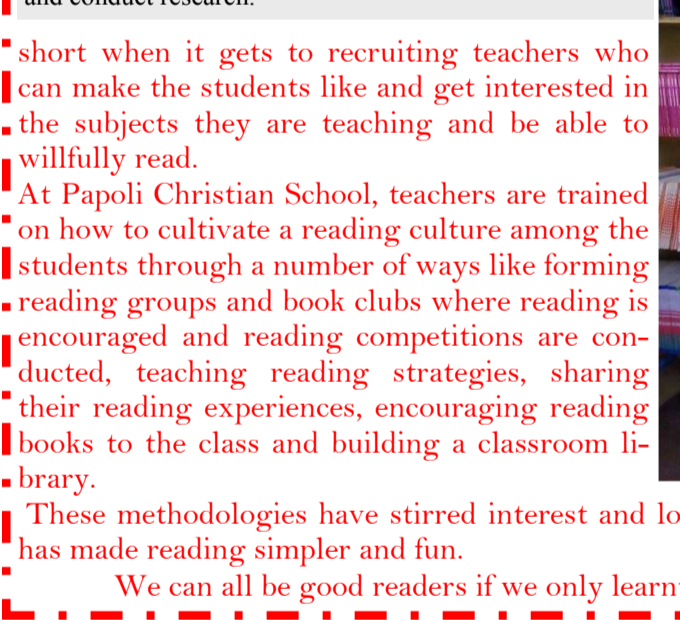
“Upon arrival to Papoli on May 24th, we were immediately swept off into a 3-day and 2-night home stay experience to immerse ourselves within the Papoli community and obtain a deeper understanding of the culture and lifestyle of the community that we will be spending the next 10 weeks working within. What an experience it was!” To continue reading Si Ning’s immersion story click [here](#)

The masters students (Si Ning, Michelle and Shaheedah) will be in Papoli for the next 10 weeks carrying out their research in the different zones of Papoli. We wish them a wonderful and fruitful stay with us.

LIFE AS A READER

Students are hesitant when it comes to visiting the library for they claim it’s a boring place to be in at any time in life but then that’s not the case. Libraries are cool, quite and interesting places with interesting information that boosts their knowledge and understanding as learners and future leaders of our nation.

Reading is one of the most enjoyable, interesting, fantastic things someone can do. Most people really like reading but some people detest reading because sometimes its hectic, boring and some information is hard to grasp.



Reading in schools is considered by some students as a boring and hectic activity to be done. This is because not everyone likes the information in the books. Every student has a subject that is his/her favorite; they tend to read and perform better in that particular subject which tells their interest in reading that particular subject matter in the library. Schools tend to find good teachers in the subject matter but they always fall

Above; Students at Papoli Christian school in a reading session at the school library. Below right, The school librarian classifying books in the school library. The school has a well stocked library to enable students read and conduct research.



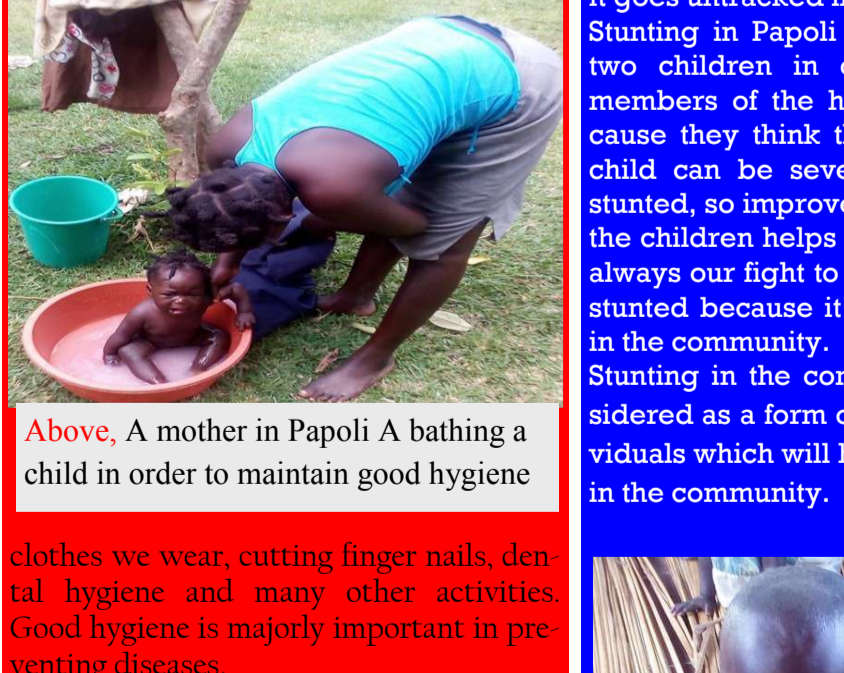
short when it gets to recruiting teachers who can make the students like and get interested in the subjects they are teaching and be able to willfully read.

At Papoli Christian School, teachers are trained on how to cultivate a reading culture among the students through a number of ways like forming reading groups and book clubs where reading is encouraged and reading competitions are conducted, teaching reading strategies, sharing their reading experiences, encouraging reading books to the class and building a classroom library.

These methodologies have stirred interest and love for reading among the students which has made reading simpler and fun.

We can all be good readers if we only learnt how to like the information we read.

Identification of malnourished children



Above, A PACODEF Nutritionist taking the volunteers through malnutrition and child nourishment.

Building the capacity of volunteers is one of the major stepping stones to reducing malnutrition cases. During trainings volunteers are availed with knowledge and skills on how to carry out certain activities in the field related to malnutrition which most times simplifies work on ground. Identifying malnourished children is one of the major activities that help us to effectively fight malnutrition.

During the training in the first week of May, volunteers were taught how to identify malnourished

children using clinical examination method and anthropometric measurement. Clinical signs that were taught include brown, sparse, easily pluckable hair with no pain, inflamed eyes, bitot spots, severe wasting, edema; dermatosis among others which signs are mostly observed using the eyes. The anthropometric measurement that was trained to volunteers individually was the use of mid upper arm circumference (MUAC). Before knowing how to identify malnourished children they were taken through what malnutrition is, its causes and consequences, different types of food and their use in the body.

Training of the volunteers henceforth is crucial to help in easing community nutrition and other community work. Thank you our volunteers for the continued effort in the fight against malnutrition in Papoli.

CHILDREN HYGIENE

Hygiene is the general cleanliness that promotes health and wellbeing especially of a personal nature. There are different forms of hygiene which include personal, food, water hygiene and many others. Hygiene most especially personal hygiene involves things like bathing, washing



Above, A mother in Papoli A bathing a child in order to maintain good hygiene

STUNTING, A FORM OF MALNUTRITION

Stunting is having a low height for age value. Height is measured in meters and then age mostly in months. The value that is got is then correlated to the standard deviation values on a z-score chart. Stunting is one of the major forms of malnutrition that hinders the community and it goes untracked in most cases.

Stunting in Papoli parish can affect more than two children in one household. Most elder members of the household don’t notice it because they think that the child is just short. A child can be severely stunted or moderately stunted, so improvement in the nutrition care for the children helps them overcome stunting. It’s always our fight to also recruit children who are stunted because it’s also a form of malnutrition in the community.

Stunting in the community should also be considered as a form of malnutrition by all the individuals which will help us reduce its occurrence in the community.



Yedida and Odoi who have this form of malnutrition at the rehabilitation unit.

Laughter the best medicine

Health doesn’t always come from medicine. Most of the time it comes from peace of mind, peace in the heart and peace of soul. It comes from laughter and love. Laughing stretches the muscles in your face and body and increases your blood pressure, very similar to the benefits of exercising. Laughter can reduce anxiety and negative emotions, boosts the immunity, acts as a natural anti depressant and its good for your cardiovascular system so let us keep laughing.

Papoli News team wholeheartedly appreciate the support given to them by Denis and Betsy Bradt great friends of Papoli who donated a brand new camera and a computer to this squad. Thank you very much and we will put each of these to good use.